

Ripple

Here is a **birds-eye view** of the seven creative processes and the materials we will be using.

A detailed list of materials is on Page 2 & 3

1

TECHNIQUE: mixed-media

PAPER: A3 or A2 size art paper

MATERIALS: A selection from the MATERIALS LIST

2

TECHNIQUE: 3D sculpting in CLAY

PAPER: (optional) A3 size art paper

MATERIALS: Air-Drying CLAY & a selection from the MATERIALS LIST

3

Preparation for Session #3: Find a photo from your past that represents a place, a period of time, a relationship, an event, which has had a ripple effect on you (positive or negative) or influence on your life; on who you are today.

Size: print it out (black & white on printing paper is fine) roughly A4 / Letter size (A4 = 21cm x 30cm)

TECHNIQUE: mixed-media

PAPER: A3 size art paper

MATERIALS: A selection from the MATERIALS LIST

4

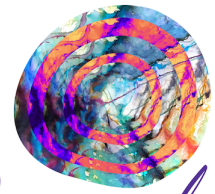
Preparation for Session #4: Find images of someone significant to you, past or present, alive or deceased, who has had an impact in your life. You may know them personally or you may only know them through what you've read about them. They might be a family member, a friend, a teacher, a favourite author or artist; a religious or public figure. But something about them - through their actions, their words, their deeds - has had a ripple effect on you and your life. Find images / photographs of this person.

Size: print these out (black & white or colour on printing paper) roughly A5 / half-letter size (A5 = 15cm x 21cm)

TECHNIQUE: MONOPRINTING

PAPER: A4 size standard printing paper

MATERIALS: BLOCK PRINTING INK, ROLLER & a selection from the MATERIALS LIST



Ripple

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TECHNIQUE: mixed-media
PAPER: A3 size art paper
MATERIALS: A selection from the MATERIALS LIST

6

TECHNIQUE: mixed-media
PAPER: A3 size art paper
MATERIALS: A selection from the MATERIALS LIST

7

TECHNIQUE: mixed-media
PAPER: A3 size art paper
MATERIALS: A selection from the MATERIALS LIST

MATERIALS LIST

Please give yourself flexibility wrt materials. If you do not wish to purchase art materials, get creative. Look around your home. Use what you've got - printing paper, your kiddie's drawing tools, old makeup, shoe polish - adapt the materials list to fit with your needs.

JOURNAL & PEN	for your reflection writing post art process		
SCISSORS & GLUE STICK / CRAFT GLUE			
ART PAPER <i>US paper size equivalent: A4 = letter size A3 = ledger / tabloid size A2 = double ledger / tabloid</i>	Ideally smooth mixed-media paper 120gsm - 240gsm* Suggested size: A3 (or A2 if you want to work big)	*Standard printing paper is 80gsm. For art-making, thicker paper offers strength and durability	e.g. Venus Ultra Sketch A3 drawing pad (20 sheets 200gsm) e.g. Duria Matt sketching pad (20 sheets 200gsm)
OIL PASTELS	Box of 12 colours	For more colour variety - boxes of 24 & 36 are available	e.g. Pentel, Faber Castell, Staedtler
CHALK / SOFT PASTELS	Box of 12 colours	For more colour variety - boxes of 24 & 36 are available	e.g. Pentel, Faber Castell, Staedtler
	If you enjoy working with chalk pastels you may wish to purchase Fixative to spray over the pastel. Hair Spray also works.		
BLACK INK	Black fabric dye or Black fountain pen ink or Black acrylic drawing ink (<i>note: acrylic ink is quick drying and non-responsive to bleach</i>)		e.g. Dala's Teddy Liquid Dye Parker Quink or Schaeffer bottled ink

TEA & COFFEE	Yes, we paint with these!	Ideally a strong brew of Rooibos tea A strong brew of instant coffee granules	
BLEACH	Yes, this too!	Thin household bleach	
FOR WET COLOUR APPLICATION <i>Any one of these five options for painting with colour.</i> COLOURS: <i>Red, yellow, blue, black</i> <i>Optional: green, orange, purple</i>	Fabric Dyes <i>(reacts with Bleach)</i>	Powder fabric dye mixed in a small quantity of boiling water	e.g. Lady Dye, Dylon, Dye-It (sold at pharmacies)
	Food Colouring	Yes! Paint with food colouring bought from your local grocery store.	
	Liquid Dyes <i>(reacts with Bleach)</i>	If buying a limited range, make sure you have black, blue, red, yellow	e.g. Dala Teddy Liquid Dye
	Paints <i>(no reaction with Bleach)</i>	Watercolour Acrylic Oil	
	Inks <i>(no reaction with Bleach)</i>	Acrylic drawing ink	e.g. Dala
CLAY	Air-drying clay / modelling clay (approx 500 g / 1kg)		
BLOCK PRINTING INK black	Water-based ink ideal for Lino/ block printing/ woodcut printing.	If you are unable to acquire Block Printing Ink, you can substitute it with a small inexpensive tube of black Oil Paint .	
Small RUBBER-ROLLER / BRAYER (approx 10cm)			
Washable flat surface as printing plate approx A5 size (glass, mirror, acetone sheet, perspex, plexiglass)			
VASELINE / SHOE POLISH / COOKING OIL + RAG			
APPLICATORS	Soft paintbrushes Sticks Feather Earbud Old toothbrush	Paintbrushes: medium & large Chopstick or Kebab stick	
MAGAZINES (APPROX 3)	<i>Try to avoid the generic fashion magazines. Rather go for:</i> Interior / Getaway magazines are preferable to fashion magazines. National Geographics Visi etc.		
COLLAGE PAPERS	Old wrapping papers, tissue papers, recyclable paintings, books, maps etc.		
FOR DRY COLOUR APPLICATION <i>(optional)</i>	Pencil crayons / Watercolour Pencils / Khokis / fibre-tip pens / Wax crayons		